INTRODUCTION
FCS 327 Nutrition in the Life Cycle provides instruction on how age, growth and normal development influence the nutritional requirements for individuals at each stage of the life cycle.

PRINT SOURCES
Books are important sources of basic information on a topic, providing necessary definitions, background information, and historical information. Books provide a foundation for research which can be supplemented by more current information from periodical articles. Books may also contain useful bibliographies which may lead to additional sources of research. When looking for books, use proper term(s) or subject term(s) under the Library Catalog: http://jaxcat.jsu.edu/vwebv/searchSubject
Featured subject term(s) for this course could be but not limited to:

- Food--Labeling
- Nutrition--Evaluation
- Diabetes--Nutritional aspects
- Minerals in human nutrition
- Diet therapy
- Dietary supplements
- Community health services
- Nutritionally induced diseases
- Dietetics
- Children--Nutrition
- Aging--Nutritional aspects
- Pregnancy--Nutritional aspects
- Breastfeeding
- Youth--Nutrition
- Herbs--Therapeutic use
- Longevity--Nutritional aspects
- Naturopathy
- Infants--Nutrition
- Obesity--Social aspects
- Food--Moral and ethical aspects

Research Foundations Tutorial, which is designed to teach undergraduates fundamental research skills, covers the selection of appropriate information sources; effective searching of library databases and the Internet; and the location, evaluation and citation of information is available. JSU students can also use InterLibrary Loan Service. A list of computer labs on campus can be accessed here.

ELECTRONIC RESOURCES AND JOURNAL ARTICLES
The Library also provides numerous electronic resources such as electronic books and databases for remote access. The following related databases can be accessed at: http://libguides.jsu.edu/fcs

<table>
<thead>
<tr>
<th>Database Title</th>
<th>Description</th>
<th>Full Text?</th>
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<tbody>
<tr>
<td>EBSCOhost</td>
<td>Journal articles in all subject areas.</td>
<td>Yes</td>
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<tr>
<td>(includes: Alt-HealthWatch, CINAHL Plus Full Text, Health Source: Consumer Edition, SPORTDiscus with Full Text)</td>
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<tr>
<td>Gale Databases</td>
<td>Journal articles in all subject areas.</td>
<td>Yes</td>
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<tr>
<td>MedlinePlus</td>
<td>Journal articles in health and medicine.</td>
<td>Yes</td>
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<tr>
<td>ProQuest databases</td>
<td>Journal articles in all subject areas.</td>
<td>Yes</td>
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<tr>
<td>(includes: Family Health Database, Health &amp; Medical Collection)</td>
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<tr>
<td>PubMed Central</td>
<td>Full-text archive of biomedical and life sciences.</td>
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<tr>
<td>ScienceDirect</td>
<td>Journal articles in all subject areas.</td>
<td>Yes</td>
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“GEM Finder” (previously called “Discovery”) (http://www.jsu.edu/library/index.html) allows you to search across library multiple databases at the same time. Title (including article title), author, subject could all be searched under “keyword” search option. “How to find books and journal articles in the Library: A step-by-step guide” can also be accessed here.